

# What is Cat/Fresh?

CalFresh is a nutrition assistance program sponsored by the USDA that issues a monthly allotment on an Electronic Benefit Transfer (EBT card) that you can use at most grocery stores and farmers markets.

### The EBT card can be used at:

- Local grocery stores
- Online stores
- Farmer's markets
- Restaurant meal program (if applicable)

# **Apply with us!**

## Our team can help you with:

- Initial application
- SAR-7 / Recertification forms
- Existing case support
- Transferring your case to OC
- Answering your questions

Book your appointment bit.ly/cf-appts

# Are you eligible?

### **General Eligibilities:**

- 1 Must be U.S. citizen, Legal Permanent Resident (LPR), or have someone in their household who is able to apply for CalFresh.
- 2 Monthly income must not exceed the allowed amount.
- 3 Students must meet ONE of the student eligibilities.

More eligibility details here
bit.ly/eligibility-cf



